

THE  
**BUSHCRAFT**  
*company*  
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**Beaconsfield High School**  
**3 Day trip**  
**14<sup>th</sup> – 16<sup>th</sup> May 2024**  
**Cuffley Woods**

[www.thebushcraftcompany.com](http://www.thebushcraftcompany.com)

# OUR CENTRES



1

CASTLE HOWARD, NORTH YORKSHIRE,  
YO60 7DG

2

BOUGHTON WOODS,  
NORTHAMPTONSHIRE,  
NN14 1EB

3

BADMINTON WOODS,  
GLOUCESTERSHIRE, GL9 1AH

4

PENSHURST PLACE,  
KENT, TN11 8HX

5

CUFFLEY WOODS,  
HERTFORDSHIRE, EN6 4PR



# ACTIVITIES



FIRE LIGHTING



SCENARIO SOS



SALMON PANNASSING



ARCHERY



CAMOUFLAGE AND CONCEALMENT



SHELTER BUILDING



TRAP MAKING



CUTTING TOOLS



LEADERSHIP



TOMAHAWK THROWING



GAMES



CRAFT MAKING

# PACKING FOR YOUR ADVENTURE



## DAY BACKPACK

(To carry the essentials)

- Jumper or fleece
- Waterproof Jacket
- Medications (labelled with clear instructions on the application/use and dosage required)
- Water bottles or hydration system
- Alcohol hand gel
- Torch (with fresh batteries) – a head torch is ideal
- Sun cream (weather dependant)
- Sun hat (weather dependant)



## MAIN LUGGAGE

(Transported to camp on a trailer)

- Warm sleeping bag (Season 3 recommended)
- Roll mat
- Tracksuit of hardwearing trousers
- T-shirts
- Waterproof trousers
- Socks and underwear
- 2x pairs of footwear (e.g. walking boots and old trainers)
- Wash bag including toothbrush, toothpaste, soap and face wipers
- Towel(s)
- Wellington Boots (weather dependant)
- Warm hat, scarf and gloves (weather dependant)
- Thermal layers (weather dependant)

# PARENT HANDOUT

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## Parent Handout

### 2 Day Trip

**They will have so much fun!**

Each itinerary is bespoke and designed with the school. Not all activities seen in this presentation will be included in this adventure, but there will be plenty to keep them entertained.

DAY 1	DAY 2
Pre-arrival call	Breakfast
Arrival, Safety Brief and Welcome	Activity
Snack	Snack
Activity	Activity
Lunch	Lunch
Activity	Strike Camp, Leave No Trace & Depart
Snack	
Activity	
Dinner	
Evening Games	
Night Time Routine & Bed	

**The SERIOUS stuff...**

- When on camp, we ask all students pay attention to their activity leaders and school staff
- They need to follow all rules on camp to ensure everybody's safety
- Teachers will remain in loco parentis – they will be legally responsible for your child whilst on this trip, as they would be at school
- We are all responsible for keeping camp clean and tidy – they will even do some of their own cooking and washing up, hopefully they bring these skills home!
- Leave no trace – it is always important to leave the woodland as you found it

**Tribe Buddies**  
The school decide on all groupings, including tribes and tents. Tents are single sex and day time groups are mixed.

**They won't go hungry!**  
• We cater for dietary requirements. Please ensure all the information is on the dietary and medical forms you will be asked to fill in by the school before the trip.  
• We know that some children are very particular about what they eat and if the meals on offer don't suit them we can provide an alternative. Fussy eaters are not catered to on an individual basis but we will endeavour to find something for them to eat on camp. In the event of a student declining a particular dish, a plain alternative of pasta, rice, vegetables and/or potatoes will be offered. There are also tasty snacks throughout the day!

**Wildest Kid Award**  
Please be prepared for your child to come home dirty – we say the grubbier they are, the more fun they have had! Have the bath ready and the washing machine open, and don't be surprised if they come home in the same clothes you sent them in. We encourage them to change clothes everyday, but sometimes they are too distracted by the fun!

**Inbetween activities we play woodland games, sing around the camp fire and tell camp stories**

**We always respect the countryside code**

### Kit List

#### The Essentials

- Large rucksack or holdall
- Small rucksack to carry the essentials
- Warm sleeping bag (season 3 recommended)
- Roll mat
- Tracksuit or hardwearing trousers
- T-Shirts
- Jumper or fleece
- Waterproof jacket and trousers
- Socks and underwear
- 2 pairs footwear e.g. walking boots and old trainers
- Wash bag including toothbrush, toothpaste, soap and face wipes
- Towel(s)
- Medications (labelled with clear instructions and dosage required)
- Water bottles or hydration system
- Torch (with fresh batteries) - a head torch is ideal
- Alcohol hand gel

**Make sure they have everything they will need for day one in their day bag, for example, jumper, coat and water bottle. They may not receive their main luggage until the evening.**



**Tip: bring a pillow for extra comfort, or be creative and make a pillow from your hoodie!**

### What to leave at home...

- Technology! We want them to fully embrace the adventure away from technology. Our staff and school staff will have phones if we needed to get in contact with you for any reason.
- Snacks! No snacks are brought from home so we can monitor and control any allergies. Plus, the creepy crawlies enjoy snacks so we want to avoid having these in our tents and bags!
- Parents! - These trips are a great opportunity for the children to build independence and grow in confidence. We evaluate any cases of home sickness on a case by case basis, but hopefully they will be having too much fun to miss home!
- Money! You won't need any money on this trip. We don't have a gift or tuck shop so everything is included on site.

**They sleep in the tents with their luggage so the smaller and squishier the bag the better!**

### need to buy everything on the kit list?

All the equipment needs to be new or state of the art – they aren't climbing with their grandpa's gear, family and others at the school gate if they have anything you can use!

Check the weather forecast! – if its going to rain, pack rain clothes, if it is a sunny day, pack sunscreen and a hat!

If you are not going on a 2 week holiday! – only pack what they need.

If you prefer a large rucksack or holdall, but if all you have is a suitcase this will be okay. They will need a reusable water bottle to fill up at our hydration station

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This should answer most of your questions but if there is anything further you can take a look at our website and social medias to see more photos and FAQ's!

[www.thebushcraftcompany.com](http://www.thebushcraftcompany.com)  
[trips@thebushcraftcompany.com](mailto:trips@thebushcraftcompany.com)

# ANY QUESTIONS?

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